

3rd Annual Sheriff's PAL "Introduction to Wrestling" Camp

Ages 12 - 15

June 14, 16, 17
June 21, 23, 24
June 28, 30, July 1

9:00 a.m. until 11:00 a.m.

Seminole High School

An introduction to Wrestling will be held at Seminole High School Wrestling Room which is in gymnasium across from the tennis courts. The camp is for ages 12-15. Wrestling is a Olympic sport where you are placed into weight classes that keep the playing field equal. All sizes are welcome.

The three week training camp will teach the fundamentals of wrestling. The camp will begin June 14 and end July 1. The camp will go from 9AM-11AM each day. You can sign up for one week, two weeks or for three weeks.

\$25.00 per week
\$70.00 for all 3 weeks

Camp Director:

Ed Weingart (578-1615)
weingarted@pcsb.org

To Register:

- (1) Complete online (click on the "registration" link) and print out (click on "printable version button) the registration form
- (2) Make check payable to: PC PAL
- (3) Mail registration form and check to:

Pinellas Sheriff's PAL
Attn: Paul Hicks
10750 Ulmerton Road
Largo, FL 33778

What to bring:

Campers need sneakers (wrestling shoes if possible), t-shirt and athletic shorts that do not have pockets