



8th Annual Ultimate Football Conditioning and Skills Camp

Get ready for the upcoming season with a great week of football and fun!

July 12-16, 2010
8:00 a.m. until Noon

SYAA Complex - Seminole

Ages 8 – 14 (beginner through advanced)
Limited to 50 Participants
\$100.00 per camper* (includes t-shirt)

Speed, Agility, Strength Development, Football Fundamentals, and Game Situations will be emphasized.

Don't miss this opportunity!

Camp Director:
Mike Perlin (656-6040)

To Register:

Go to <http://www.pinellascountypal.com>

Complete the "Registration" form online. Click on the "Printable Version" button at the top of the page. Print out the form and sign where indicated. (This step is required even if you have completed a registration form for your child for another PAL program)

Mail registration form and payment (\$100.00) to:
Pinellas Sheriff's PAL
Attn: Paul Hicks
10750 Ulmerton Road
Largo, FL 33778

* Group and family discounts available